

its own power, government counter-acting government. And the only way of checking power is to disperse that power and to divide it. The Federal Government will, even though it is against their basic interest, always have to learn to check itself. That is the purpose of federalism. That is the reason there are States and national government. That is why we are here week after week, speech after speech, in some ways trying to pick on issues and prod a conscience to realize the real purpose of federalism has the goal of preserving individual liberty and that when we do that, we are doing good, and that for some reason for the national government, the Federal Government, we here in Washington, if we really want to do well for people, if we want to protect people and their rights, we have to learn to try to limit our own power.

That was the goal of the 10th amendment, and it is the goal of this caucus to try to reemphasize all the time that for the rights of people and to preserve people and to help people, the national government has to lose power and share and balance that power with the States.

With that, Mr. Speaker, I will be looking forward to the comments of my good colleague from New Jersey.

□ 1615

#### THE MINIMUM WAGE

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Maine (Mr. ALLEN) is recognized for 5 minutes.

Mr. ALLEN. Mr. Speaker, hard work and perseverance are supposed to be the key to success in America; yet many people who work full time are barely scraping by, earning just \$10,712 per year on the Federal minimum wage, which is now \$5.15 an hour and has been at that level for nearly 10 years.

That is an income, \$10,700, that is \$6,000 below the Federal poverty line for a family of three. That number cheats millions of American families and children out of the chance for basic financial stability every year. It directly contradicts what we often describe as the promise of America, that if you work hard and play by the rules, you have a reasonable chance for a life of some prosperity.

Families are struggling because the buying power of the minimum wage is now at its lowest level in the last 50 years, the last 50 years. But if you look at the changes that families are undergoing just in the last 10 years, here is what you find.

Americans pay 136 percent more to heat their homes and drive their cars than they did 10 years ago when the last minimum wage increase was passed. Health insurance costs have gone up 97 percent during that same period. The cost of a 4-year public university has gone up 77 percent as well.

Families who once lived comfortably on their incomes have been steadily falling out of the middle class and into poverty.

We need to raise the minimum wage from \$5.15 an hour to \$7.25 an hour, a level that will really mean something to the parents who are struggling to provide for their children. An increase would boost the wages of 6.6 million workers directly. Another 8.2 million workers earning up to \$1 above the minimum wage would also get a boost due to the so-called "spillover" effects, and that influence would affect the lives of 54,000 people in my home State of Maine.

Despite what some opponents of a wage hike may claim, wages have not risen significantly on their own. They have been eaten away by inflation. Even though the American workforce has increased its productivity by 14 percent over the last 5 years, real wages have gone up by only 2 percent for nonmanagerial workers.

Meanwhile, the average CEO in America makes more than 1,000 times the minimum wage. Americans CEOs earn in one day what most workers earn in a year.

America prides itself on providing opportunity for all. Yet it is clear that the wealth being generated in our economy is only lifting a few. We need an economic plan that allows our citizens, especially our families and our children, to support themselves, educate themselves and continue to achieve and move forward in their lives.

Now, it frankly is an embarrassment that Congress has not addressed the minimum wage issue in almost 10 years, especially in light of the issues that we have found time to address here. Last week, this body gave an estate tax break worth \$280 billion to a few thousand wealthy individuals. For the past year, the Republican leadership has been intent on giving more tax breaks for the wealthiest 1 percent and paying for it with cuts in education, Medicare, and other programs on which Americans depend to maintain their quality of life.

What does it mean to the average American that Congress has raised its own salary over and over again since 1997, but not the minimum wage? Income inequality in this country is a scandal, and this Congress is contributing to making it greater. This is not only bad for the middle class and lower-income Americans in this country, it is bad for our democracy.

Twenty States, including my home State of Maine, and the District of Columbia have already passed increases in the minimum wage. They understand that this is fundamentally an issue of fairness and good economic sense. We need to see this kind of economic leadership at the Federal level as well. We need economic policies that do not leave the majority of our citizens behind.

The Republican leadership does not want a minimum wage increase to

come to a vote here, but eight in 10 Americans do. They support it. Frankly, I wish this Congress would do as much for the average American as it does for corporations and the wealthiest 1 percent.

The minimum wage must allow workers to earn enough to support themselves and their families. \$5.15 is not enough to live on. I hope we can finally start to work together on this issue and enact a long, long overdue increase in the minimum wage.

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Indiana (Mr. BURTON) is recognized for 5 minutes.

(Mr. BURTON of Indiana addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

#### CONGRESSIONAL CONSTITUTION CAUCUS FOCUS ON TENTH AMENDMENT

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from New Jersey (Mr. GARRETT) is recognized for 5 minutes.

Mr. GARRETT of New Jersey. Mr. Speaker, I thank my colleagues who came before me this evening to join with us, as we do each Tuesday evening as members of the Congressional Constitution Caucus, to come to the floor to discuss constitutional issues; and this evening to discuss the philosophy, the intent, the foundations of the 10th amendment.

As we discussed, and you have heard already, this amendment really could be said to be the most important amendment in defining what the Founding Fathers' vision of the role of the Federal Government should be.

As stated earlier, the 10th amendment states clearly: "The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people."

These historic words, penned by the Founding Fathers, some of the most ingenious political minds of their time or anytime in the world's history, set forth an important principle: that the Federal Government may exercise specific powers that are listed in the Constitution. All you need to do is simply look to it, for example, article I, section 8, and they enumerate the powers that the Federal Government has. It really does not even go on for more than one-and-a-half pages. These are specific powers that the Federal Government has. The others are the remaining powers that are reserved to the States and the people respectively.

Unfortunately, just as the authors of the Constitution have long passed, so too have many of their foundation principles for our government here. Between an ever-expanding Federal Government that for decades now has crept into many other facets of areas once